

# Grenfell Fire Response News

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## Emotional support at The Curve from the NHS

The NHS are hosting a drop-in service at The Curve from 10am to 8pm every day so that families and children can talk to a specialist about health issues and mental health support. All services are free and confidential for people to use.

The NHS are also offering regular pop-up clinics for families and children seven days a week at the following locations:

- Mondays, at the Rugby Portobello Trust, 221 Walmer Road, W11 4EY
- Tuesdays, 3pm to 7pm at The Clement James Centre, 95 Sirdar Road, W11 4EQ
- Wednesdays, 4pm to 8pm at Kensington Leisure Centre, Silchester Road, W10 6EX
- Thursdays, 4pm to 8pm at Latymer Community Church, 116 Bramley Road, W10 6SU
- Fridays, 4pm to 8pm at The Muslim Cultural Heritage Centre, 244 Acklam Road, W10 5YG
- Saturdays, 4pm to 8pm at Maxilla Community Space, 4 Maxilla Walk, W10 6NQ
- Sundays, 4pm to 8pm at Westway Sports Centre, 1 Walmer Road, W10 6RP

Find out more about upcoming events online on  
[www.cnwl.nhs.uk/wp-content/uploads/Grenfell-flyer.pdf](http://www.cnwl.nhs.uk/wp-content/uploads/Grenfell-flyer.pdf)

For further information people can call **0800 0234 650**  
or email [cnw-tr.spa@nhs.net](mailto:cnw-tr.spa@nhs.net). The line is open 24 hours a day.

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## What is this newsletter for?

This is the thirty-seventh edition of the Grenfell Fire Response Team newsletter. We want to keep you up to date with all the latest information and services available to help.

The newsletter is also available in Arabic and Farsi languages. For regular updates please follow us on Twitter **@grenfellsupport** and on Facebook at **facebook.com/grenfellsupport** or visit **www.grenfellresponse.org.uk**

## Extra police officers appointed to support the local community

The Metropolitan Police have appointed additional neighbourhood police officers that have been permanently stationed in the Notting Dale Ward to provide extra help to the local community. The officers will be working seven days a week to help the community and make sure that the needs of people are met.

For more information, please call **07407 491 610** or **020 8721 3028**. People can also find out more online at **www.met.police.uk**

## Activities for children and young people this summer

There are a range of activities planned to support parents in the local community to entertain children and young people during the summer holidays.

### Summer programme of activities

The Westway Sports Centre has teamed up with arts group ACAVA and Everyone Active to offer a programme of free activities for local children and young people over the summer holidays.

Young people up to 12 years old can enjoy sports, activities, arts and crafts, wildlife adventures and playschemes. There is also a crèche and a centre for parents.

People can find out more on the activities available online at [www.westway.org/summerfun](http://www.westway.org/summerfun)

### Family community golf day

Families can enjoy a day of pop-up golf competition as well as lots of other fun activities at Bishop's Park on Monday 14 August, 12 midday to 4pm. People can also enjoy face painting, arts and crafts, sports, games and a bouncy castle. The day is organised by The Golf Trust and the Play Association.

Find out more by calling **0770 3535 111** or email [rob@playassociationhf.org.uk](mailto:rob@playassociationhf.org.uk)

### Drop-in and play football programme

QPR, Westway Sports Centre, and other local organisations are providing a free drop-in and play football programme for 4 to 18 year olds from the local community.

Sessions are taking place Monday to Friday, 10am to 4pm at the Westway Sports Centre and the programme is being delivered by professional DBS qualified staff.

More information on events and activities throughout the summer can be found online at [www.rbkc.gov.uk/fis](http://www.rbkc.gov.uk/fis)

### Free holidays for families to Cornwall

Cornwall Hugs Grenfell is offering free holidays for families affected by the Grenfell Tower fire to Cornwall until 2019, so people can enjoy activities, surfing and days out to The Eden Project and St Michael's Mount.

More holidays are being made available online for families to sign up to in the upcoming months.

Families can register their interest online at [www.cornwallhugsgrenfell.org](http://www.cornwallhugsgrenfell.org)

### North Kensington Community Youth Festival

A day of free activities and family fun will be taking place on Saturday 19 August, from 10am to 7pm, at the Westway Sports Centre. People can enjoy face-painting, raffles, inflatable rides, free music performances, a football competition, and much more.

There's no need to book, simply turn up on the day and enjoy the fun.

For more information, please call **020 8964 3149** or visit [northkensingtonyouth.org](http://northkensingtonyouth.org)

### Summer in the City

There are hundreds of events and activities taking place for children, young people and their families this summer across central London.

You can pick up a leaflet at locations across the borough or find out more at [www.mysummerinthecity.org.uk](http://www.mysummerinthecity.org.uk)

## Directory of services available

Kensington and Chelsea Social Council has produced a directory of voluntary and community organisations providing services and offering support to all those affected by the Grenfell Tower fire.

The directory will be updated on a regular basis so that people can get the most up-to-date details on how to access the support they need.

The directory of services has been made in partnership with One Westminster and Sobus.

For more information, please visit [bit.ly/2vMwxBh](http://bit.ly/2vMwxBh)

## Consultation with residents of Barandon, Hurstway and Testerton walks

Thank you to everyone who responded to Kensington and Chelsea council's letter sent on 10 July. The council have been considering the responses received and will be writing to people next week with information about how payments will be made.

A new estate-based office will be opening at Unit 2, Baseline Studios, Barandon Walk. The office will be open for people to report repairs, issues or concerns from 9am to 5pm, Monday to Friday.

The council will also start to contact people about redecorating properties where people are now living, and can provide information about the rehousing process for people who haven't yet found a property suitable for them.

## Public health advice available at the Curve

Members of Public Health England (PHE) will be at the Grenfell Assistance Centre at The Curve on Monday 14 August, from 12pm to 2pm to provide public health information to those affected by the Grenfell Tower fire. The session will be an opportunity for you to ask questions and discuss any health concerns you may have.

Those who have been exposed to smoke from the fire may have experienced irritation to their air passages, skin and eyes, which can cause coughing and wheezing, breathlessness and chest pain. PHE is unable to give personal medical advice, so if people continue to experience these symptoms they should seek medical advice from their own GP or by calling NHS **111**. PHE does not recommend wearing face masks as a way to reduce exposure to air pollution.

Dr Deborah Turbitt said “Masks can be uncomfortable to use and can worsen symptoms in people with heart and lung conditions as they may find it harder to breathe. Recovery workers who are inside the building and sifting through debris are working under very specific circumstances that require wearing personal protective equipment for occupational health purposes.”

If people don't have a GP, they can register for one online at [www.nhs.uk](http://www.nhs.uk) by entering their postcode, or call **020 8962 4600**. The line is open from 9am to 5pm, Monday to Friday.

## Mental health support

There are lots of services available if you or an adult or young person you know is feeling traumatised by the Grenfell Tower fire.

### Support for adults and young people over the phone

- If you require an urgent mental health response for yourself, or on behalf of a young person, you can call the NHS 24-hour support line on **0800 0234 650** or email [cnw-tr.spa@nhs.net](mailto:cnw-tr.spa@nhs.net). Please let the operator know you are calling as a result of the Grenfell Tower fire.
- The British Red Cross helpline is also available to anyone affected by the Grenfell Tower fire. For practical or emotional support you can call **0800 458 9472**. The line is open from 9am to 5pm, Monday to Friday.
- Adults and young people can also call the free Samaritans helpline on **116 123**. The line is open 24 hours a day.
- People under 25 can call Childline any time on **0800 11 11** and have a one-to-one chat with a supportive, trained counsellor any time, day or night.

- CALM offers support to men, who can call the confidential helpline on **0808 802 58 58** or visit [www.thecalmzone.net](http://www.thecalmzone.net). The line is open every day from 5pm to 12 midnight.

### Read our leaflet on supporting children and young people

If you have questions about how to support a child or young person affected by the Grenfell Tower fire, you can download a leaflet that includes:

- Guidance on how a child might behave or react after a tragic event
- Ideas for how to support them
- Advice on explaining to a child what happened.

You can download a copy of the leaflet at [www.rbkc.gov.uk/kb5/rbkc/fis/localoffer.page?localofferchannel=0](http://www.rbkc.gov.uk/kb5/rbkc/fis/localoffer.page?localofferchannel=0)

### Support for children with disabilities and learning difficulties

- Full of Life Kensington and Chelsea is providing outreach counselling to parents of children with disabilities. A programme of short breaks is being put in place for the Summer.

Visit [www.fulloflifekc.com](http://www.fulloflifekc.com) for more information.

### Online support

- **Kooth.com** is a free online counselling service for children aged 11 to 19.
- **NHSGo.uk** provides health information for young people under the age of 25, including advice on coping with stress after a major incident.

## What help is on offer?

Anyone who would like to speak to the police in relation to the investigation into the fire are asked to contact the Met Police on **0800 032 4539**.

### Other important contacts

#### Bereavement support

Call the Freephone helpline on **0808 808 1677** or email [helpline@cruse.org.uk](mailto:helpline@cruse.org.uk). The line is open 24 hours a day.

#### Replacement UK passports, visas or immigration queries

Call our advice line on **0300 222 0000**. The line is open 24 hours.

#### Air quality and smoke exposure

If you have concerns about any symptoms, please see your doctor or call NHS **111**.

#### Housing support

If you have any questions about housing or want to find out who your housing officer is please call **0800 137 111** or **020 7361 3008**.

#### Victim support

Call **0808 1689 111** for practical and emotional support, or visit [victimsupport.org.uk](http://victimsupport.org.uk). The line is open 24 hours a day.

You can also get physical and mental support at the Grenfell Assistance Centre. Find out more by calling **07712 231 133**.

You can also call the Red Cross helpline on **0800 458 9472**. The line is open from 9am to 5pm, Monday to Friday.

For regular updates please follow us on Twitter at [@grenfellsupport](https://twitter.com/grenfellsupport) and on Facebook at [facebook.com/grenfellsupport](https://facebook.com/grenfellsupport), or visit [www.grenfellresponse.org.uk](http://www.grenfellresponse.org.uk)

## Housing update

Finding housing solutions that work for everyone directly affected by the Grenfell Tower fire remains our absolute priority and we are working hard to achieve this.

Offers of temporary accommodation are being made on a daily basis, but we know that families will have concerns around this process and the idea of accepting a temporary home. So far, 176 offers of accommodation have been made, 51 offers have been accepted and 23 households rehoused.

### Government has given commitments to help reassure families that:

- their needs are paramount, all other considerations are secondary to these
- their rent will not increase and the same terms and conditions of their previous home at Grenfell Tower or Grenfell Walk will be maintained
- they will have lifetime security of tenure
- they will not be forced to stay in temporary accommodation on a long-term basis
- accepting an offer of temporary accommodation does not mean that they lose priority for a permanent home
- no one has to accept a particular property and not accepting a property does not mean that they will be made intentionally homeless
- temporary homes will be rent and utility bill free for 12 months
- for some cases, if they like their temporary home, there is the potential for it to become their permanent home (this will be discussed when the home is offered to them).

More information is available on the housing line on **020 7361 3008**

## Free summer drop-in sessions from West London Action for Children

West London Action for Children will be offering free drop-in sessions on Wednesday 16 and 23 August, 10am to 12 midday, at 15 Gertrude Street, SW10 0JN for families and young people whose lives have been affected by the Grenfell Tower fire.

Counsellors will be there to listen and offer specialist counselling support for children, young people and their families, and people can ask to see a counsellor privately.

Refreshments and lunch will be provided, and interpreters can be also be provided if one is needed.

For more information, please call **020 7352 1155** or visit [www.wlac.org.uk](http://www.wlac.org.uk)