

# Grenfell Fire Response News

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## 'Screen and Treat' programme to help people with trauma

The NHS are running a specialised 'Screen and Treat' programme to talk and provide support to people who might be traumatised and suffering from post-traumatic stress disorder (PTSD) after the Grenfell Tower fire.

The programme will aim to reach up to 23,000 people over a one-year period to help people who need it. The programme involves:

- GPs carrying out a physical and mental health assessment to people and helping them to find the most appropriate treatment for them
- Talking with local people from the Lancaster West estate and the local community to provide support
- Providing further support for people who may have lost someone in the fire
- Organising visits to hotels where people are temporarily living

Further mental health support is available online by visiting [www.cnwl.nhs.uk/news/grenfell-emotional-wellbeing-support](http://www.cnwl.nhs.uk/news/grenfell-emotional-wellbeing-support)

## Pop-up clinics for mental health support

The NHS is offering daily pop-up clinics for families and children, seven days a week, so people can talk to a specialist about health issues and mental health support. All services are free and confidential for people to use.

### The sessions take place each day at the following locations:

- **Mondays**, 3pm to 5pm  
at The Harrow Club,  
187 Freston Road, W10 6TH
- **Tuesdays**, 3pm to 7pm  
at The Clement James Centre,  
95 Sirdar Road, W11 4EQ
- **Wednesdays**, 4pm to 7.30pm  
at Kensington Leisure Centre,  
Silchester Road, W10 6EX
- **Thursdays**, 4pm to 7.30pm  
at Latymer Community Church,  
116 Bramley Road, W10 6SU
- **Fridays**, 2pm to 4pm  
at The Muslim Cultural Heritage  
Center, 244 Acklam Road,  
W10 5YG
- **Saturdays**, 4pm to 7.30pm  
at Maxilla Community Space,  
4 Maxilla Walk, W10 6NQ
- **Sundays**, 4pm to 7.30pm  
at Westway Sports Centre,  
1 Crowthorne Road, W10 6RP

People can find out more information on these clinics at [www.cnwl.nhs.uk/wp-content/uploads/Grenfell-flyer.pdf](http://www.cnwl.nhs.uk/wp-content/uploads/Grenfell-flyer.pdf)

For further information people can call **0800 0234 650** or email [cnw-tr.spa@nhs.net](mailto:cnw-tr.spa@nhs.net). The line is open 24 hours a day.

## IN THIS EDITION

- 1 'Screen and Treat' programme to help people with trauma
- 1 Pop-up clinics for mental health support
- 2 Activities for children and young people this summer
- 2 Mental health support given at the Notting Hill Carnival
- 2 Red Cross helpline updated
- 2 Walk in service at The Curve
- 3 Overnight support at the Baseline Studios
- 3 Drop-in sessions for information on the Public Inquiry
- 3 Public health advice
- 3 Further emotional support
- 4 Housing update
- 4 Coffee morning for women at Al Manaar

## What is this newsletter for?

This is the forty-third edition of the Grenfell Fire Response Team newsletter. We want to keep you up to date with all the latest information and services available to help.

The newsletter is also available in Arabic and Farsi languages. For regular updates please follow us on Twitter [@grenfellsupport](https://twitter.com/grenfellsupport) and on Facebook at [facebook.com/grenfellsupport](https://www.facebook.com/grenfellsupport) or visit [www.grenfellresponse.org.uk](http://www.grenfellresponse.org.uk)

## Activities for children and young people this summer

There are a range of activities planned to support parents in the local community to entertain children and young people during the summer holidays.

### Drop-in and play football programme

QPR, Westway Sports Centre, and other local organisations are providing a free drop-in and play football programme for 4 to 18 year olds from the local community.

Sessions are taking place Monday to Friday, 10am to 4pm at the Westway Sports Centre and the programme is being delivered by professional DBS qualified staff.

### Summer in the City

There are hundreds of events and activities taking place for children, young people and their families this summer across central London.

You can pick up a leaflet at locations across the borough or find out more at [www.mysummerinthecity.org.uk](http://www.mysummerinthecity.org.uk)

### Free holidays for families to Cornwall

Cornwall Hugs Grenfell is offering free holidays to Cornwall. More holidays are being made available online for families to sign up to in the coming months.

Families can register their interest online at [www.cornwallhugsgrenfell.org](http://www.cornwallhugsgrenfell.org)

### Free summer programme

Nova's summer programme includes lots more fun activities that parents and young people can enjoy. This week includes interactive visits to both the V&A and Design Museums, art workshops, English conversation classes and creative writing workshops.

There will also be a coach trip to Southend-on-Sea on Thursday 31 August. Details on how to book will be made in the near future.

Find out more online by visiting [www.novanew.org.uk](http://www.novanew.org.uk), call **020 8960 2488** or email [admin@novanew.org.uk](mailto:admin@novanew.org.uk)

### Summer programme of activities

The Westway Sports centre has teamed up with arts group ACAVA and Everyone Active to offer a programme of free activities for local children and young people over the summer holidays.

Young people up to 12 years old can enjoy sports, activities, arts and crafts, wildlife adventures and playschemes. There is also a crèche and a centre for parents.

People can find out more on the activities available online at [www.westway.org/SummerFun](http://www.westway.org/SummerFun)

## Mental health support given at the Notting Hill Carnival

Mental support and advice was given to more than 700 people affected by the Grenfell Tower fire during the Notting Hill Carnival. Over 70 members staff, nurses and consultants were on hand to talk to people and help people who needed it over the weekend.

Further emotional support is available by calling **0800 0234 650** or visiting [www.cnwl.nhs.uk/news/grenfell-emotional-wellbeing-support](http://www.cnwl.nhs.uk/news/grenfell-emotional-wellbeing-support). The line is open 24 hours a day.

## Red Cross helpline update

Due to the amount of calls to the Red Cross helpline significantly reducing since the Grenfell Tower fire, the support line will no longer be operational.

If people affected do require support, they can contact the Care for Grenfell Team. People can call **020 7745 6414** or email [careforgrenfell@rbkc.gov.uk](mailto:careforgrenfell@rbkc.gov.uk). The line is open from Monday to Friday, 9am to 5pm.

## Walk in service at The Curve

NHS run a walk in service at The Curve, 4 Bard Road, W10 6TP from 10am until 8pm every day to help people that want to talk to someone about mental health support.

NHS are also visiting people in their homes and people in temporary accommodation. If you or anyone you know is worried about their emotional health they can call **0800 0234 650**. The line is open 24 hours a day.

## Overnight support at the Baseline Studios

People affected by the Grenfell Tower fire who are feeling depressed, anxious or struggling to sleep, are invited to come to Baseline Studios, Whitchurch Road, W11 4AT, from 8pm to 3pm on Mondays, Tuesdays and Wednesdays to relax, have a cup of tea and talk to someone.

The free drop-in sessions are run in English however support is offered for a range of other languages including Arabic, Urdu, Somali, Farsi, Albanian, Hindi, Punjabi and Serbo-Croat.

For more information about overnight support, please call **07397 871 877** or email **info@totalfamilycoaching.co.uk**

## Public health advice

Public Health England (PHE) publishes weekly air quality reports online, which collect data from around the site of Grenfell Tower. These reports continue to show low levels of air pollution. The most recent report, published on 24 August, can be found online along with further public health advice at **[www.gov.uk/government/news/public-health-advice-following-the-grenfell-tower-fire](http://www.gov.uk/government/news/public-health-advice-following-the-grenfell-tower-fire)**

## Drop-in sessions for information on the Public Inquiry

Families and members of the Lancaster West Estate affected by the Grenfell Tower fire are invited to two drop-in sessions to meet members of the Public Inquiry team to talk about how the process takes place and answer your questions. People can bring interpreters or one can be arranged for them. The sessions are taking place on:

- **Monday 4 September**, 12 midday to 4pm, Christ Church Kensington, Victoria Road, W8 5RQ
- **Monday 4 September**, 5pm to 9pm, The Clement James Centre, 95 Sirdar Road, W11 4EQ

If people are unable to attend, but would like to speak with the team about the Inquiry, they can arrange a meeting over the phone or at a later date.

For more information call **020 7947 7837** or **0800 121 4282** or email **contact@grenfelltowerinquiry.org.uk**. The lines are open 9am to 5.30pm, Monday to Friday.

## Further emotional support

There are lots of services available if you or an adult or young person you know is feeling traumatised by the Grenfell Tower fire.

### Support for adults and young people over the phone

- People who need an urgent mental health response can call the NHS 24-hour support line on **0800 0234 650** or email **cnw-tr.spa@nhs.net**. Please let the operator know you are calling as a result of the Grenfell Tower fire.
- Adults and young people can also call the free Samaritans helpline on **116 123**. The line is open 24 hours a day.
- People under 25 can call Childline any time on **0800 11 11** to talk to a trained counsellor any time, day or night.
- CALM offers support to men, on **0808 802 58 58** or visit **www.thecalmzone.net**. The line is open every day from 5pm to 12 midnight.

### Support for children with disabilities and learning difficulties

- Full of Life Kensington and Chelsea is providing outreach counselling to parents of children with disabilities.

Visit **www.fulloflifekc.com** for more information.

### Online support

- **Kooth.com** is a free online counselling service for children aged 11 to 19.
- **NHSGo.uk** provides health information for young people under the age of 25, including advice on coping with stress after a major incident.

## What help is on offer?

Anyone who would like to speak to the police in relation to the investigation into the fire are asked to contact the Met Police on **0800 032 4539**.

### Other important contacts

#### Bereavement support

Call the Freephone helpline on **0808 808 1677** or email **helpline@cruse.org.uk**. The line is open 24 hours a day.

#### Replacement UK passports, visas or immigration queries

Call our advice line on **0300 222 0000**. The line is open 24 hours.

#### Air quality and smoke exposure

If you have concerns about any symptoms, please see your doctor or call NHS **111**.

#### Housing support

If you have any questions about housing or want to find out who your housing officer is please call **0800 137 111** or **020 7361 3008**.

#### Victim support

Call **0808 1689 111** for practical and emotional support, or visit **victimsupport.org.uk**. The line is open 24 hours a day.

You can also get physical and mental support at the Grenfell Assistance Centre. Find out more by calling **07712 231 133**.

For regular updates please follow us on Twitter at **@grenfellsupport** and on Facebook at **facebook.com/grenfellsupport**, or visit **www.grenfellresponse.org.uk**

## Housing update

Finding housing solutions that work for everyone directly affected by the Grenfell Tower fire remains our absolute priority and we are working hard to achieve this.

Offers of temporary accommodation are being made on a daily basis, but we know that families will have concerns around this process and the idea of accepting a temporary home. So far, 179 offers of accommodation have been made 60 offers have been accepted and 27 households rehoused.

### Government has given commitments to help reassure families that:

- their needs are paramount, all other considerations are secondary to these
- their rent will not increase and the same terms and conditions of their previous home at Grenfell Tower or Grenfell Walk will be maintained
- they will have lifetime security of tenure
- they will not be forced to stay in temporary accommodation on a long-term basis
- accepting an offer of temporary accommodation does not mean that they lose priority for a permanent home
- no one has to accept a particular property and not accepting a property does not mean that they will be made intentionally homeless
- temporary homes will be rent and utility bill free for 12 months
- for some cases, if they like their temporary home, there is the potential for it to become their permanent home (this will be discussed when the home is offered to them).

More information is available on the housing line on **020 7361 3008**

## Coffee morning for women at Al Manaar

Women affected by the Grenfell Tower fire can come to a free coffee morning to come together to talk, offer support and meet new people. The sessions take place every Thursday from 10am to 12 midday, and refreshments and a crèche are also provided.

The coffee mornings are part of a series of drop-in counselling sessions held by the Al Manaar in order for local people to gain support by talking with each other with trained professionals.

People can email **info@mchc.org.uk** or call **020 8964 1496** for more information.